

A Course in Miracles and the Tao

by Ruth Junk

I recently attended a Taoist Tai Chi workshop in Ontario, Canada, which I assumed would be just exercises. I found, however, that the exercises were meant to open the mind.

In instructions on the Tao of Teaching, there are principles that reflect some of the teaching of the *Course in Miracles*.

A few of the statements are as follows: *A good teacher is better than a spectacular teacher, otherwise the teacher outshines the teachings.*

Silence says more than words: pay much attention to it.

Let go of selfishness, let go of your ego, and you will receive what you need. Give away credit, and you will get more. When you desire nothing, much comes to you. The less you make of yourself, the more you are.

The gift of a great teacher is to create an awareness of greatness in others.

Listen quietly, be calm, and use reflection.

I am not up-to-date on the Chinese Tao philosophy or way of thought, but I think if it were explored, there would be the universal theme of love, forgiveness, and brotherhood that we find in ACIM.

Ruth Junk is a longtime student/teacher of *A Course in Miracles* and is a longtime subscriber to *Miracles* magazine.