



Miracles

Classroom for the Universal Course

July ~ August ~ 2022



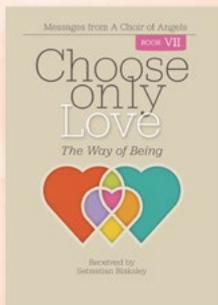
*Lightening Up—
Body and Soul, p. 30*

The Power of Joining, p. 12

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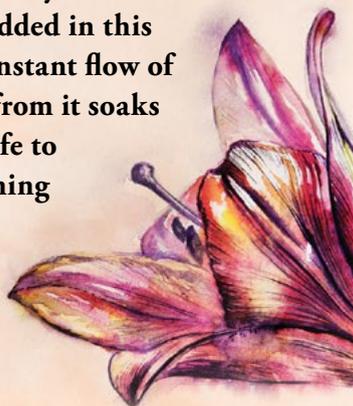
Final Book of the Series

Choose Only Love: The Way of Being



“A new reality has emerged as an extension of our divine union. Nothing can separate us anymore, ever. Every fiber of your being is embedded in this new reality. The constant flow of life that emanates from it soaks the Earth, giving life to everything, awakening

minds asleep to love. Sing, oh hearts that silently awaited this moment of Grace and creation! Together we create new love.”



Invisible realms of Angels became visible to Sebastián Blaksley in an extraordinary series of 144 visitations overseen by Archangels Raphael and Gabriel. They asked him to take down their messages, including messages from Jesus and Mother Mary. Choose Only Love is the result.



Book I: Echoes of Holiness, Book II: Let Yourself Be Loved,
Book III: Homo-Christus Deo, Book IV: Wisdom, Book V: The Holy Dwelling,
Book VI: The Divine Relationship

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Publisher of Choose Only Love and A Course of Love
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YOUR ONE REMAINING FREEDOM

by Jon Mundy, Ph.D.

*The power of decision is your one remaining freedom
as a prisoner of this world. You can decide to see it right.*

T-12.VII.9:1

Dr. Viktor Frankl (1905-1997) was an Austrian neurologist, psychiatrist philosopher, holocaust survivor and the author of the best-selling autobiographical *Man's Search for Meaning* based on his experience in the Auschwitz concentration camp. *Man's Search for Meaning* sold more than ten million copies and it was translated into twenty-four different languages. In his book he described how in the concentration camps everything could be taken away from someone, all of one's belongings, clothes, titles, dignity, absolutely everything except for one thing. The one remaining freedom was the ability to choose how one would respond to what was happening to them.

The Course makes twenty-eight references to our being prisoners in the ego's dream of separation. We are prisoners so far as we feel trapped in our minds, bodies, and an illusory and often troubled world. The body is the ego's chosen home. Yet, no "body" lasts; and the name, the façade, the guise, the image, the persona all disappear when it is time to let the body go. The character we create in the world is like an actor in a play, or a dream figure in a dream. Once all of this is removed who are you—the central core of you?

*For only fantasies make confusion in choosing possible,
and they are totally unreal.*

T-16.V.16:4

In a perfectly non-dualistic state (Heaven), there is no choosing because as all is one; there are no opposites to choose between. Choosing is an *illusion* from the point of view of Heaven, since choosing is not necessary. “But,” says the ego, “I have a right to choose.” Yes, indeed we all have free will. But herein is the rub. While we can “choose” to separate ourselves from our Father there remains only one choice which can make us happy—and that is to choose in alignment with the Mind of God. As Jesus says in the Gospel of Matthew, “*Not my will but Thine be done.*”

As a man, I demonstrated both the powerlessness of the body and the power of the mind. By uniting my will with that of my Creator, I naturally remembered spirit and its real purpose.

I cannot unite your will with God's for you, but I can erase all misperceptions from your mind if you will bring it under my guidance.

Only your misperceptions stand in your way.

Without them your choice is certain.

Sane perception induces sane choosing.

T-3.IV.7:5-13

Decision-making is a *necessary illusion* on Earth until the final decision to choose only Love has been made. In a dualistic world decision-making is a tool we need to use until the final decision for God has been made and we can “be the love we are” without looking for further definition. The individual separated body is a tool, a mechanism, a vehicle, a computer, and a communication device. It is not who we are. Nevertheless, at this moment in space/time, the body seems very real, and we must choose how we will deal with this tool until it is no longer needed.

Like all tools you made,

it is illusion because you have no need of tools.

But while you believe you do it is quite real to you.

To give up the body entirely is a choice you need not make.

As your learning advances you will see that this is possible but there may be reasons not to choose this.

At this point, however, all that is asked is that your body is seen as what is—both in terms of what you made it for and in terms of the

way in which you can now be guided to use it for the benefit of all.

A Course of Love C.10:16

Who Is Charlie the Chooser?

According to Polish neurologist and brain researcher Ernst Poppel (1940-present), the average person makes about 20,000 decisions per day. The words *choice, choose, chosen, choosing*, etc., appear 570 times in ACIM. The last section of the last chapter in the Course is titled “*Choose Once Again.*” Every morning when we awaken, we are faced with a series of decisions, or choices. Many decisions are routine (habitual) and of little consequence. Indeed, most everyone creates a morning ritual so that what needs to be done can get done in an orderly fashion. We shower before we brush our teeth, or we brush our teeth before we shower. The pattern does not matter, as long as we do what needs to get done.

You do not recognize what arouses anger in you.

ACIM, W-21.3:2

Other decisions, what the Course calls ‘misthought’ in which we condemn, criticize, and censure our brothers and sisters are obviously of greater consequence. These decisions are often made without conscious awareness, and they can easily become “unhealthy habits” which get us into trouble. We easily, for example, “choose” to overeat or drink or we give in to a variety of defenses we use to protect our egos. Denial, projection, dissociation, rationalization, and displacement are five examples of a long list of things we “choose” to do rather than accepting responsibility for our actions.

*Defenses are not unintentional,
nor are they made without awareness.*

*They are secret, magic wands you wave
when truth appears to threaten what you would believe.*

*They seem to be unconscious but because of the rapidity
with which you choose to use them.*

W-136.3:1-3

Much of our decision-making occurs without awareness of why we react the way we do. Take, for example, the choice to

be angry. On our way to work, we may be cut off in traffic, and, *in that second, even less, in which the choice is made*, (W-136.3:4) we find ourselves being aggravated by circumstances. We may honk the horn or even make lewd gestures—feeling justified in our aggressiveness and attack upon a brother. Others under similar circumstances may react differently, perhaps ‘yielding’ to someone to pull ahead.

Like to a dream of punishment, in which the dreamer is unconscious of what brought on the attack against himself, he sees himself attacked unjustly and by something not himself.

T-27.VII.1:3

According to the Course, we are not aware of the depth of what it is that makes us angry—even though the Course says, “There is nothing outside you.” Somehow the “fault” is seen in the world, and yet:

Again and again have you attacked your brother, because you saw in him a shadow figure in your private world.

And thus, it is you must attack yourself first, for what you attack is not in others.

Its only reality is in your own mind, and by attacking others you are literally attacking what is not there.

T-13.V.3:5-8

The Course is trying to help us to be more aware of “who it is” that makes the decisions we make in the world. Is the choice coming from our wrong mind, i.e., the ego? Or are we able to choose from our right mind which is aligned with the Mind of God? If I judge my brother, it is “I” who make the choice to judge. I alone am responsible for my anger, my attack thoughts, my projections onto the world. All the while, *I could see peace instead of this*. The Course practically begs us to stop—look—listen, be aware of the choices that are being placed before us and drop all the attack thoughts knowing that we cannot attack another without attacking ourselves.

Learning is living here, as creating is being in Heaven.

Whenever the pain of guilt seems to attract you, remember that if you yield to it,

*you are deciding against your happiness,
and will not learn how to be happy.*

T-14.3:2-3

Who decides to pick a fight, and on what basis is the decision made? No decision-making occurs in Heaven because Heaven is complete, and nothing need be added to what is already true. The Course is leading us to a point where we simply and automatically make the right decisions, and we respond appropriately. No one really needs to be told that it is always right to be kind and caring, instead of cruel and inhumane. Why would anyone think that we are going to get what we want by attacking another?

*Show him that he cannot hurt you and hold nothing against him,
or you hold it against yourself.*

This is the meaning of “turning the other cheek”

T-5.IV.4:5-6

Heaven is a state of perfect oneness where there is no subject/object—no separated consciousness judging itself. *There is no choosing in Heaven* because there are no separated things to choose between. There is no “right and wrong mindedness.” There is no ego to oppose God. All there is, is ever present love.

Ego = Unhealthy Habit

We may think of the ego as an unhealthy habit. A friend tells the story of being a smoker. Eventually, after several tries, he succeeds in stopping and then some months later he is standing watching someone else smoking and he cannot for the life of him understand why that was once so important to him. Hurtful habits are not easy to break—but once broken, you may wonder why you held so tenaciously to something that was so debilitating.

Traditional Christianity is a dualistic religion: God co-exists along with the devil. We have good and evil, Heaven and hell, but there is no division in Heaven. I once heard a televangelist say: “There has to be a hell and sinners must go there; otherwise, it just would not be fair.” The Universe is

fair and kind which is why the only hell there is, is of our own making, and that “thank God” is not eternal.

*The miracle is a sign that the mind has chosen
to be led by me in Christ’s service.*

T-1.V.6:1

It appears we have chosen to be separate from God. In truth (reality) there never was a separation. But in the dreaming of the world it looks like there is. In truth, we are already one with God. Believing we are not, we dream our life away.

*Into eternity, where all is one, there crept a tiny, mad idea,
at which the Son of God remembered not to laugh.
In his forgetting did the thought become a serious idea,
and possible of both accomplishment and real effects.
Together, we can laugh them both away,
and understand that time cannot intrude upon eternity.
It is a joke to think that time can come to circumvent eternity,
which “means” there is no time.*

T-27.VIII.6:2-5

The correction for this seeming split is the atonement—that is, the undoing of the ego which comes by way of our honest searching out of everything that interferes with truth. This undoing is the Holy Spirit’s way of showing us that what we see as sin and separation is a dream and is not to be taken seriously. Our illusory dreams have no effect on God. In fact, the tiny mad idea, the thought of separation from God, Love, and each other has no effect in Heaven. To be free we need to see that *it also has no effect now*. We may think of the Holy Spirit as the memory of God’s perfection. This memory we brought with us into the dream in order to link us back to God. An example would be your memory of your mother whether she is in this world or not. The memory is a link back to her. In the same way, the memory of Christ is inside each of us, and it brings us back to God.

*What you made of it [the world] is not its reality,
for its reality is only what you give it.*

*You cannot really give anything but love to anyone or anything,
nor can you really receive anything but love from them.*

*If you think you have received anything else,
it is because you have looked within and thought you saw
the power to give something else within yourself.
It was only this decision that determined what you found,
for it was the decision for what you sought.*

T-12.VII.9:4-7

Holy Spirit = Memory of God's Perfection

It is impossible to be separate from God. The impossible can never happen. According to traditional Christianity, the separation not only happened but God seeks vengeance for what we have done to Him. It *appears* as though we have a choice.

*Appetites are "getting" mechanisms,
representing the ego's need to confirm itself.*

*This is as true of body appetites
as it is of the so-called "higher ego needs."
Body appetites are not physical in origin.*

*The ego regards the body as its home,
and tries to satisfy itself through the body.*

*But the idea that this is possible is a decision of the mind,
which has become completely confused about what is really possible.*

T-4.II.7:5-9

When Jesus speaks of the Son of God, he is speaking of "You." What happened (in time) very simply is that we turned to the ego and turned away from Divine guidance. We all share the illusion that we have a choice—that we can decide against God. Ultimately, this cannot be done—we can only think, or believe, that it can. We cannot be autonomous and happy at the same time. Our only true happiness comes in fulfilling our destiny in alignment with the Mind of God.

To choose to be absorbed in the ego results in being isolated, lonely, and guilt-ridden. What would happen if one day the Son of God (You/Us) woke up and realized what we had done by choosing separation over joining? If we really woke up, we would then have no more ego, no more specialness. The ego, hanging on to its dream-story, renders us mindless by facilitating our dreaming of the world. The problem is that we

have forgotten where we came from. To choose self-fullness instead of selfishness is to awaken into the reality of God and our True Self as a Child of God.

*The decision whether or not to listen to this course
and follow it is but the choice between truth and illusion.*

*For here is truth, separated from illusion
and not confused with it at all.*

*How simple does this choice become
when it is perceived as only what it is.*

*For only fantasies make confusion in choosing possible,
and they [fantasies] are totally unreal.*

T-16.V.16.1-4

We Have a Choice

“Miracles” (the shifts in perception from fantasies to Truth) take our attention from the world and bring it back into our right mind *where real decision-making* is possible. The “Miracle” helps us realize that there is another presence (our True Self) within our mind that can choose correctly. When we look deeply enough, we see that nothing went wrong—we never left Heaven. It was all an illusion, a bad dream from which we can now “choose” to awaken.

*Remember that you choose the guide for helping,
and the wrong choice will not help.*

But remember also that the right one will.

T-9.V.8:9-10

Lesson 138 from the Course is “Heaven is the decision I must make.” I make this decision now. Every second of every day we are at choice, and we are making one of two decisions, which the Course refers to as “right-mindedness” or “wrong-mindedness.” We can choose with the ego, or, following Divine guidance, we can align our mind with the Christ Mind. We “know” if we’re honest what the best and “right” decision is—right now in this present moment. Heaven is a decision I “must” make. I make it NOW!

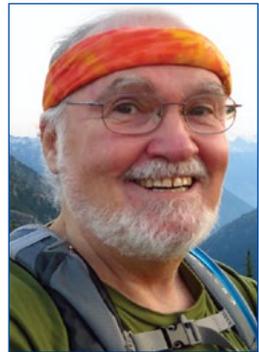
Lovingly, *Jon*



THE POWER OF JOINING

by Dennis Gaither

As we join together, an abiding, irresistible Presence finds its home within us and among us. This is a time of great opportunity. Even as many voices are raised in anger, we may choose to be a demonstration of the strength of gentleness, the courage of engagement and the profound wisdom of the Heart.



War, humanity's collective attack upon itself, can seem a savage beast. When once unleashed it spins out of control in a destructive rage far beyond what anyone could have imagined at its outset. The sense of grievance, victimization and revenge overshadows and replaces all reason, and thereby justifies war's continuation.

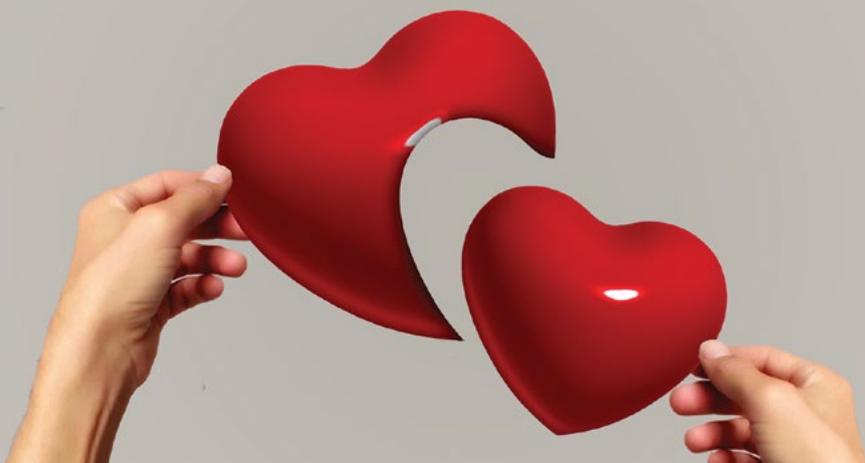
The wounding is profound. There are no victors. Actions taken to defend oneself, one's homeland, or some idea or sense of duty become the stuff of nightmares that haunt the very core of a person as they struggle to regain their humanity lost in the rubble of war.

We are not alone; we are not helplessly enmeshed in the throes of some misguided adventure. There is power in

This is a time of great opportunity and a time of action.

collective action motivated by love, choosing peace over war. As we join together an abiding, irresistible Presence finds its home within us and among us.

This is a time of great opportunity and a time of action. Even as many voices are raised in anger, we may choose to be a demonstration of the strength of gentleness, the courage of engagement and the profound wisdom of the Heart. We may choose to turn away from the many raucous voices for war, and listen instead to the still, small voice for Love within and let It guide our thoughts and actions as we become more and more a truly beneficial presence for healing, for forgiveness, for peace.



Dennis Gaither, M.D., O.M.C., is one who is grateful for the gifts of this life and the opportunity to share them in this way with you, and for the presence of Circle that embraces us all. Happy to hear from you, dwgaiter@yahoo.com.

SOCIETY'S HUMAN SACRIFICE

by Patricia Pearce

In the wake of the recent mass shootings, yesterday's at an elementary school in Texas and last week's at a grocery store in Buffalo, I wanted to briefly share what is mulling around in my mind today. It is this: our society practices human sacrifice.



We don't call it that. We think we are so much more advanced than the civilizations that practiced ritual sacrifice. But it is human sacrifice, and it's time we get clear about that and call it what it is rather than pretending it's something else.

Sacrifice is a notion totally unknown to God. It arises solely from fear. This is particularly unfortunate because frightened people are apt to be vicious. Sacrificing another in any way is a clear cut violation of God's own injunction that man should be merciful even as his Father in Heaven. ACIM Tx:3.21

We don't sacrifice our children to the Sun god, but we do sacrifice them to the Gun god. And if we look deeper still, we see that really we are sacrificing them at the altar of ego. It is the human ego's hunger for power and profit that has created this weaponized culture which feeds on fear and fuels fear. Fear, after all, is the hallmark of the egoic mind, and what are guns if not the quintessential symbol of fear?

So in this moment, as we are reeling from the news of shooting after shooting after shooting, I ask us all to see

what is happening clearly—not through the lens of judgment (which is just another kind of ammunition in the egoic arsenal) but through the lens of compassion.

**We don't sacrifice our children to the Sun god, but
we do sacrifice them to the Gun god.**

To see clearly how utterly misguided we are. To see clearly how absolutely devoted we are to the concept of enemy. To see clearly that we are each all of the players in this saga: the child gunned down in the classroom, the church deacon gunned down in the grocery aisle, the shooter gone mad with rage or desperation, the gun manufacturer driven solely by a hunger for money, the Senator so captive to an ideology that he is blind to the insanity.

It's time for us to acknowledge that this is US.

And, it's time for us to acknowledge the truth that is completely unfathomable to the ego mind, that we are all held in Love and that nothing we do, or don't do, can ever change that simple fact.

Patricia Pearce is a writer, speaker, and board member of the Center for Contemporary Mysticism. The author of two books, [Beyond Jesus: My Spiritual Odyssey](#) and [No One in I Land: A Parable of Awakening](#), she hosts the free daily online [WeAwakening Meditation Community](#). Find out more at www.patriciapearce.com.



Your Place in the Universe

You are altogether irreplaceable in the Mind of God.

ACIM, Tx:9.57

*Being who you are is necessary for the
completion of the universe. ACOL, C:17.1*



HOW TO TRUST IN LOVE

by Mary Reed

In his mystically-received *Choose Only Love*, Sebastián Blaksley writes, “Where there is unconditional love there is unlimited trust.”

This is profoundly true, but presents at least two challenges for many people to grasp. The first is that the human mind inherently thinks of love as conditional. We love someone *when*, or *if*, or *as long as*, or *because*. The latter is easiest to overlook as a conditional term since it usually includes a list of nice reasons someone is lovable, or it’s based on the classic spiritual mandate, “because God said I should.”

The mind ruled by the ego cannot understand how we can love when there’s no list of reasons, no holy instruction, or no criteria being met for *when*, or *if*, or *as long as*, or *because*. This is a struggle for the mind because, truly, love is not an action to be justified but our natural state of being. And we cannot realize the state of BEING love as long our mind is trying to justify DOING love.

In my work as a mystic wisdom teacher, I have a simple way to help people remember that they, themselves, are an expression and experience of Divine *unconditional* love. If we consider that the pure nature of love is solely to love, then we can understand that it only knows how to be one thing: love. Love only knows how to be love in the same way fear only knows how to be afraid, judgment only knows how to judge, anger only knows how to be angry, and so on.



When we align with Divine love we become the Divine witness able to see as God sees.

If, in the presence of any person, place, or experience, love can only be love, then all questions of worthiness are moot. All love does is love in every situation because that's all love IS. Divine love, by its very nature, considers all forms of life equal, free to be as they are, and not only accepted but *cherished* as unique expressions of the Oneness of God. When we align with Divine love we become the Divine witness able to see as God sees.

Understanding this makes it simple for us to realize how we are showing up in any given moment. If we find ourselves making an effort to love, looking for reasons to justify love, we are not showing up as love. We are showing up as judgment checking for worthiness, or fear checking for safety.

Remember the classic statement in *A Course in Miracles* that everything is either an expression of love or a call for love? The moment we realize we are present in something other than pure love, it becomes obvious that the patterns of judgment and fear *within us*, based on what we are witnessing around us, are calls *to love ourselves*. And by answering that call we contribute love not only to ourselves but also to the



world around us. In this exquisitely easy way, love becomes our contribution to humanity no matter the situation.

The patterns of judgment and fear within us,
based on what we are witnessing around us,
are calls to *love ourselves*.

The second challenge people have in deeply grasping Blaksley's "where there is unconditional love there is unlimited trust" is that the ego-based mind equates trust with belief. If the mind doesn't believe something, how can it be trusted?

Can you see the connection here between "achieving" unconditional love and unlimited trust? The mind that thinks of love in conditional terms does so because it needs to make sure it is safe to trust. The mind is making a valiant effort to love and trust because that's what the mind *does*. It is conditioned to believe it must *do* something to achieve well-being, not merely allow it.

What a profoundly compassionate offering of relief for the mind is the level of Divine love and trust we are being called to now! Our awakening into unconditional love *includes* the mind, and in doing so we release this precious part of us from the unbearably heavy burden of responsibility for our well-being. This Divine embrace allows the mind to *experience*—not try to believe—the well-being that happens when we shift from doing love (an effort) to being love (an embrace). As the mind experiences evermore relief on the new path of ease versus the old path of effort, trust becomes easier and ever vaster—and eventually unlimited.

We fully feel the depth of this compassion when we realize that trusting in love is trusting in yourself, for love is what you truly are.



Can you see how powerfully healing it is
to be selfish?

Ultimately, unconditional love and unlimited trust are supremely selfish acts. And that's the whole point: it all begins *and is perpetuated* within. We cannot expect humanity to be something to which we are ourselves are not willing to contribute. We cannot expect all wars "out there" to end while our mind is still a source of perpetual battles. And we cannot expect everyone else to heal while we ourselves are still a source of perpetual wounding. Can you see how powerfully healing it is to be selfish?

How we show up for ourselves is the truth of whether we're living in our Divine power. If we show up as Divine unconditional love in any given moment, in the midst of any event big or small, from where is that healing love emanating? Within us. And in that state of Divine love, where is trust being placed? Within us. This is our Divine power.



Earlier this year, Consensus, the large collective of Divine beings I channel, gave a two-part teaching entitled “The Time Has Come to Trust” in which they reiterated the wonderfully selfish act of trusting our own divinity. This was followed by “The Time Has Come to Step Into Your Power” in which they reiterated how deeply healing it is for ourselves and humanity when we are willing to live the truth of our divinity. They affirmed that the momentum of our collective awakening is accelerating and the impact of our choices can be far-reaching.

What better time, then, to do as Sebastián Blaksley suggests and choose only love?

Mary Reed is a joyful modern mystic who lived for seven years in the Himalayas and now offers guidance through her private community, consultations, and personal retreats. More on these offerings and her books Unwitting Mystic: Evolution of the Message of Love and Divine New Being: A Sublime Guided Passage to the End of Hell can be found at lovemaryreed.com.

MIRACLE AT THE OSCARS



by Heather Harris

While the world focused and opined on the high drama of “the slap heard round the world,” there was an overlooked quiet miracle moment to close out the infamous Oscar night.

Lady Gaga stood next to Liza Minnelli seated in a wheelchair and showered accolades on the legendary entertainer’s 50th anniversary of her performance in *Cabaret* when she was 26.

Liza, frail but still emanating her signature childlike irrepressible joy (“I’m so happy to be here!”), became slightly disoriented at the reading of nominees for best picture. Off camera, Lady Gaga, holding on tight to Liza’s hand, said clearly to her, “I’ve got you.” Liza, in response, said “I know.”

That ephemeral exchange became a mantra that would not leave the inside of my head, nor did I want it to—I’ve got you, I know, I’ve got you, I know—and there it remained infused with the spirit of these two towers of talent, demonstrating the connectedness of giving and receiving. They are one and the same.

And what better way to express the Voice of Christ speaking to all of us? And, if we choose to listen and accept, the Holy Spirit’s response:

I’ve Got You. I Know.

Rev. Heather Harris was an active participant in the Interfaith Fellowship in New York City, became a graduate of The New Seminary, and was ordained at the Cathedral of St. John the Divine.

THE DESIRE AGAINST MIRACLES

by Cay Villars



Someone once asked me if I would share how *A Course in Miracles* has changed my perspective. There is just one word: Joy. Pure, unrelenting joy.

For a long time I kept asking him—Jesus—where is the supreme happiness you promised? Haven't I been forgiving everything? Is there anything I'm missing? Am I following you fully? He said, "Yes."

But even with following fully and full-time forgiving, it takes a lot of purification. It takes a lot of trust and commitment. It takes transcending the idea of who Jesus is. It takes being willing only to accept miracles and refusing to accept anything else. It takes saying "No" to the ego millions of times. It takes speaking to only that Voice throughout the day—no exceptions.

When Jesus showed me the choice for hell—
something clicked in my mind.

When Jesus showed me what it meant to NOT follow that Voice and forgive everything—the choice for hell— something clicked in my mind. When it came to the "final question" for the atonement, *Do I want to see what I denied because it is the truth?* (T-21.VII.5. 14) I could give only an unequivocal YES. No



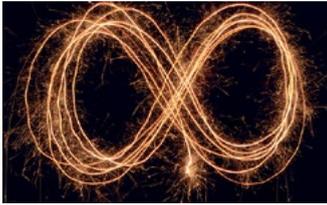
matter what, whether I would blow up or disintegrate, I was determined to see.

I “started” ACIM in 2010. That was after about four starts and getting no further than Lesson 60. I had frightening dreams that the “devil was going to get me”! It took four years to finish the lessons. I would forget the lesson, then I would restart the lesson again. (Jesus says I did not need to do that!). This is just a symptom of not hearing/following guidance.

In 2014 after finishing the lessons, I had to know if this “spiritual awakening thing” was true. I sold my house and left my profession as a high technology business consultant and executive coach to start following “assignments” that led me to Mexico, India, Bali, Jerusalem, and Portugal. All assignments were to learn to follow the voice and to see the hidden places in my mind where judgment lingered. I cried. I was often uncertain. Yet over time I became more and more willing to follow. I could see he was showing me where doubt was lurking.

Sometimes I felt “frozen.” It was the experience of wanting to backpedal and say, “Whoa, whoa, whoa, Jesus, not so fast.” Yet along the way there were so many jaw-dropping time and space re-arrangements and unexplainable holy encounters wherever he would send me, just as he promised. Somehow that fortified me to keep going.

I suddenly realized that if I was not experiencing ever-present peace, there must be a desire NOT to have it.



One day at a Mooji retreat I was contemplating Infinite Light. The contemplation is similar to Jesus' instructions in Lessons 44 and 189. I suddenly realized that if I was not experiencing ever-present peace, there must be a desire NOT to have it. The meaning of ACIM crystalized in a whole new way.

This was a gateway to deep willingness. Not long after the retreat I started typing. Just typing. It evolved into a simple, ordinary conversation with Jesus. I asked him questions, and he answered. All kinds of questions. And he instructed me to write. I wrote. He instructed me to search ACIM for sentences that began with "you believe." I collected over 80 beliefs. He showed me for each one how there was a hidden desire in the subconscious mind to experience the belief.

As he showed me each desire, I had to admit to each of them. He was right, as always. Even though I had been forgiving a lot (or so I thought) I could feel the desire lurking for everything he showed me. Was the desire for an experience of my brother stealing heaven from me still there? Yes. I could feel it. I could feel that the desire for being in control was still there. He showed me how each desire is relished by the ego. It was almost like finding a little devil down there, dancing with happiness over the experience!

He taught me how to ask him which miracles to perform, and how essential this is, because the ego wants to divert/control/limit miracles. He showed me how to ask him immediately to reveal how much I relished the experience of

any upset. This admission, and fully seeing the relishing of desire, is such an easy way to have miracles, since miracles occur at the level of desire. He showed me how to go with him until he confirmed that there was not a scrap of desire left—desires “other than God” as well as desires “for God.” In this determination to go all the way with his guidance, the real healing begins.

Jesus' message is that everyone can speak to him directly and be guided to miracles.

I could feel at times how much I didn't want miracles. Not the tiniest “ooch” of a miracle. It became a “course in seeing how much I did not want miracles.” I accepted in earnest his direct coaching.

I became the happy learner, with the determination to see every desire that he would show me and not to leave one single scrap of desire in my mind. And over time, with this deep looking and releasing, and following him fully, joy began to pervade all experience. At first it would come and go; yet with more releasing it became predominate. Just happiness, for no reason whatsoever.

Last night our dog had a seizure and there was only infinite Love in the experience. My heartbeat did not change.

All joy is seeing that this is for everyone. Jesus' message is that everyone can speak to him directly and be guided to miracles.

Cay Villars is a mystic devoted to following Jesus/the Voice for God. If you would like to join twice daily Light Circles to learn to be guided by Jesus to release hidden desires for pain and suffering to miracles, visit <https://joininginlight.net> or email Cay at join@joininginlight.net. Her book Jesus: A New Covenant ACIM: A Message to A Course in Miracles Students is available at <https://www.amazon.com/Jesus-Covenant-Message-Miracles-Students/dp/1737514508>

How's Your Day Going?

by MaryBeth Scalice



How's your day going?

Don't give me that "fine" stuff.
Anyone can plainly see the world is bonkers.

I'm not asking about the insanity that wants to be seen.
I'm referring to the day you asked for
when you rose from the bed,
cheeks flushed pomegranate red
from things you did in dreams
in the full-mooned-night.

Who did you sleep with? Fear or Love?

Please don't think I'm judging you.
Really just checking in to see how the
morning is unfolding.
Is it sweet with honey from your heart comb?
Or a slab of ego baloney?

Don't be offended. Honestly,
my interest in your wellbeing
is interest in my own.

The kind of day you have,
the pal with which you choose to cruise,

even this question, how's your day going(?),
depends on a decision.

The decision for union.

Nothing at all . . . read my lips,
nothing can be decided alone.

Agreement is the cause of everything.

Yep! everything.

Agreeing itself is a powerful seeing.

What you agree upon you get.

Remember that quote from the Bible,
where two or more are gathered . . . ?

Relationship is Rule.

It is what we are.

It is how we create.

Can't live even a moment unconnected, un-creative.

That's the same as death.

Wow. look at all this flow from one simple inquiry.

Let's flood the gate with another.

Whose queendom is the world for you today? (T-30.1:17 COA)

Speaking for my Self, it's dawn kissed
with the promise of happiness.

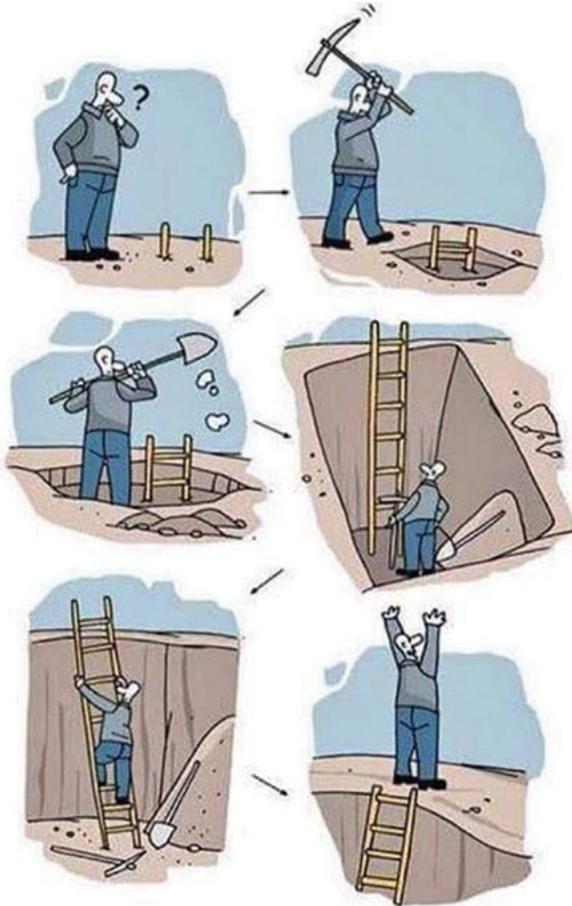
Wouldn't you agree?

MaryBeth Scalice, M.A., Ed.D., views her life as a living-breathing poem of God. Many years ago, her heart opened, her listening deepened, the breath fell away, and divine union was realized. MaryBeth is a counselor, writer, and teacher trained in humanistic and transpersonal psychology. Her work integrates psychology with spirituality, offering transformational heart-centered therapies for health and self-realization. She created the [Foundation of Open Hearts](#), and in 2019 published [Write, Beloved, Write](#).



Some more important philosophical questions on life:

Spiritual Path — Digging our own holes





Knock, knock.
Who's there?
Noah.
Noah who?
Noah good spot at the beach?



Why should you team up with octopuses during
Summer sports camps?

They are well-armed.



Lightening Up— Body and Soul

by Lana Carolan

Jesus was giving me the following information as I was typing. At times it seemed as if Jesus was talking, and at other times, me.

Jesus: “Remember the hot and cold water flowing through and coming out of the same water spout.”



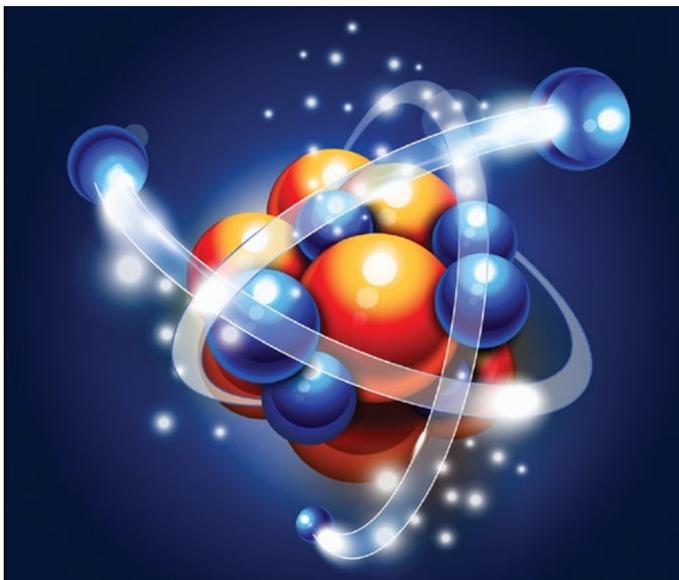
So this is a blend of Jesus/Me, or Jesus coming through me as me.

My experience: I felt myself spinning around as an electron or proton and that I was an atom, every atom, and ALL atoms, an eternity of atoms. I was twirling around and around as in a rainbow-colored tornado, yet it was as gentle as could be—utter peace and the glorious feeling of Love emanating all around me, consuming me fully, like fireworks sparkling, sparkles like diamonds falling all around me. I was one of them, whiter than white, brighter than bright. Pure gold—indescribable! He/we said:

“Everything is a degree or density of energy. Energy is eternal. Even a single atom, which is actually empty space, is energy. Energy is a single reality of Truth. The denser the energy, the slower the movement of energy, and the more seemingly solid is its manifestation. It is still all empty space, just atoms jammed closer together that give the illusion of solidity. Atoms are indestructible. They can be split but not

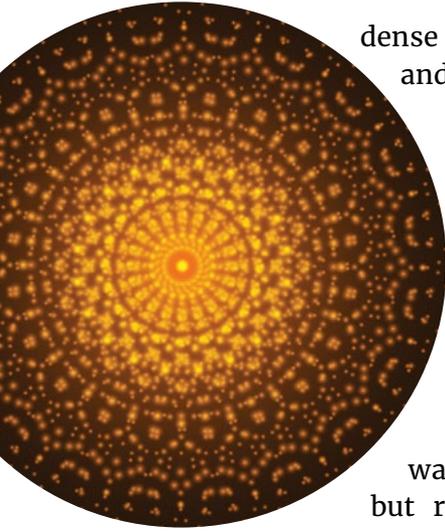
As we lighten up while in form, our energy starts to reflect the actual purity of the Soul, and pieces start to fall into place. Veils fall.

destroyed. The first atom that began life is still present. The first “Adam” of life is still alive and well in creation.



“Awareness of embodiments do not represent a separate world. The denser energies just hide it. As we literally ‘lighten up’ we become able to become aware of aspects of consciousness that are aware of other embodiments. Dense body forms can be occupied which seem to be consecutive (many forms back-to-back) and sequential (serially, one form following another), yet always simultaneous. It is the soul ‘lightening up.’

“As we lighten up while in form, our energy starts to reflect the *actual* purity of the Soul, and pieces start to fall into place. Veils fall. We recognize our inner light rays of being, as Jesus did. As we drop the denser bodies, we embody less



dense ones. Embodiments become lighter and lighter until none are needed.

“All embodiments exist here and now in the forever of eternity. Lighter ones are aware of the denser ones. The so-called ‘departed’ are not departed at all, they are just a lighter density and outside of our awareness. Yet they continue to be aware of us.

“Jesus’ initial transformation was to a light body at his resurrection but required no body at all after the Ascension.

“All ‘forms’ exist together in the unity of God. All form is energy, empty space seeming solid. It is nearly impossible for dense body-like energies to see beyond themselves. Only the Atonement can accomplish this. As we undo, we ‘lighten up’ and we see and are seen with a new kind of clarity. Mental communication between embodiments is then possible. As you know, beautiful Child of Light, the lightest and most pure of all energy is love, what you call God. That is the ultimate Ascension: the pure energy of God, the spark of creation.”

Jesus’ initial transformation was to a light body at his resurrection but required no body at all after the Ascension.

Then I found my energy/consciousness in a lush and gorgeous garden and I am a part of it. Not in a human form, but in it/as it. There seems to be no delineation between the garden and my consciousness. I’m not sure exactly what I am—a ladybug? Maybe a flower? I have no idea, but my consciousness seems to be at an extremely high level of awareness. I know intuitively I am in

God's world, the world He loves and gave to us. A world He wants me to know, too.

The experience is sublime. The sights, scents, and sounds are glorious. There are other senses available here that I have no words for. I never want to leave. There are colors I've never seen before and can't describe. Beautiful trees that are unimaginable. Animals peacefully travel about me and through me, with me, as me. This can't be three dimensional. It's like I'm inside a multi-faceted diamond. There are no words. This must truly be a part of Heaven. Feeling so safe, so loved and so free. (Jesus is smiling)

I'm inside a multi-faceted diamond. There are no words. This must truly be a part of Heaven.



Jesus: "Continue non-resistance to energies, all energies. Stay light. (He winks.) Eat them up like PacMan transforming everything."

I felt myself falling, but gently, like I had a parachute, falling back into something. I immediately felt homesick.

Jesus: "It is always home."

Lana Carolan has been a student of ACIM for about 40 years and, more recently, of ACOL. She says: "I mentor many students and it has been through them that I have come to recognize that giving and receiving are truly one." Contact Lana via Facebook or email her at lcarolan49@gmail.com.

A Message from I Know Not Where

by Theodore Knepper

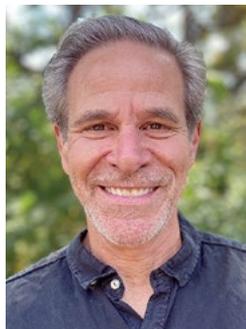
What I call 'God'
is not a thing,
an idol cold and lifeless,
a symbol for an empty worship
that is the fruit
of fear and death.
Nor is my God a 'he'
or 'she' though It be
the essence of the 'you'
that hides, revealing
this one Self
that now abides
in all the plenitude
of ever-flowing Life,
that unresistingly is born
within each moment's ending,
reborn again and yet again,
as Something I call 'Love:'
the Nothingness whose Name
is simply 'One'
or 'Love' or 'You' or 'I',
this all-forgiving
unrelenting Gift
to all that I call "things",
each one's deepest Self,
extending ever in this Now.



PEACE IN SIMPLICITY

by Dr. Lee Jampolsky

Peace and happiness live in simplicity, which is easily overlooked in a culture lost in a web woven with a complexity of desires born from believing happiness comes from something outside. Simplicity is often erroneously thought of as beginning with paring down material possessions and living without comfort. On the contrary, simplicity originates with a paring down of the ego and is how we find true comfort. As a psychologist and on a spiritual path, I am sometimes asked my approach or orientation toward myself and others. A single quote from the Course guides me:



Your mission is very simple. You are asked to live so as to demonstrate that you are not an ego... (ACIM, T-4.VI.6)

**The focus of simplicity is not on the contents of
our house or bank account but on
what is in our mind.**

I help myself, and others discover that we have the source of contentment and happiness within us, which is Love. With less emphasis on acquiring and more on removing the obstacles to Love's presence, we begin cultivating our capacity to give and receive Love and discover the quietness of compassion and contentment.

The quietness of its simplicity is so compelling that you will realize it is impossible to deny... (ACIM 14:II.5)



Though one may choose to make changes in their material life, the focus of simplicity is not on the contents of our house or bank account but on what is in our mind. To begin a path to simplicity is

no idle task, and, as the Course tells us, we are learning to question everything we think we know. As a Course student, I know that when my life is uncluttered with judgments or unforgiving thoughts, my life is simple, and contentment flows more easily. This helps me greatly in times of personal or global challenges. Simplicity also brings courage to the moment by not being run by fears and fosters feeling grateful for what we have rather than desiring what we don't. Living a simple life is having fewer boulders (fear-based thoughts) in our stream (awareness) that catch passing debris (judgments/unforgiving) and inhibits flow (Love).

In our pain, we wonder how our world will ever be the same. We soon discover that it won't. This is where healing can begin.

This way of thinking is often called naïve or not action-oriented. Yet, simplicity (increased freedom from the ego) allows us to be most effective in approaching our personal and global challenges. In the early 1980's I developed one of the early doctoral programs in Peace Psychology, and in 2001 I wrote a book on the subject, *Healing Together*. Periodically I am asked to comment on global situations, and often the question comes up, "What does simplicity have to do with approaching

tragedy?” What is essentially being asked is the crucial question, “Is what we think and believe important in healing from tragedy, personal or global?”

There is no single “right” response, no clear or easy answers when one is in grief and shock. During or in the aftermath of any grave adversity—whether on a global scale or a more personal level—some people will turn their heads



in horror, while others will be unable to turn away. Many will be angry; some will cry rivers of sorrow and loss. All will feel the senselessness of the tragedy and intense frustration over their apparent powerlessness to do anything about it. In our pain, we wonder how our world will ever be the same. We soon discover that it won't. This is where healing can begin. Through simplicity, your internal wisdom guides you in seeing that all of us have a part to play in the direction we choose to take following a personal or large-scale tragedy, and what we can build from the aftermath through an approach centered on the simple truth of Love. Of course, this is easier said than done in times of upheaval, but this does not make it untrue.



*Simplicity is very difficult for twisted minds.
... Nothing is so alien to you as the simple
truth, and nothing are you less inclined to
listen to. (ACIM 14:II.3)*

Some would say that conflict and destruction are an inescapable part of human existence. Yet, there is a unique opportunity to heal in the months and even years following a significant loss. I'm aware that millions of people have died from acts of violence throughout time. I am acutely aware of the thousands who have lost their lives from terrorism, war, and random violence just in the last few decades and, tragically, in the previous months. I look around the small community where I live and see many people I know who are suffering from the trauma that is part of daily living: accidents, illness, the death of a loved one.

**Tragedy opens us up to the rawness of our hurt
and to an experience of our common humanity
with others.**

In all of this, I find opportunity beyond despair because I firmly believe that all of us can take steps to move beyond our suffering and toward great healing and acts of compassion. Why? Because tragedy opens us up to the rawness of our hurt and to an experience of our common humanity with others. Great transformations can occur when we are in such a state of awareness. We are in such a space right now.

Many people have a difficult time emotionally after a significant loss or when they see suffering from violence. Though challenging, our open hearts have the potential to empower us. We have come to a point in history where humanity is searching for solutions to an accumulation of personal and global pain, whether aware of it or not. A wake-up call is underway to see that we can overcome

**Humanity is searching for solutions to an
accumulation of personal and global pain,
whether aware of it or not.**

needless suffering by changing how we think about ourselves and each other. If we are to have true peace, if our children are to live in safety and security, we must begin to address the gaping wound that hatred and violence have created. The simplicity found in Love serves as the foundation.

More than four decades ago, when I first began research in Peace Psychology, I recall consulting with a member of Congress. The biggest concern was the Cold War and the proliferation of nuclear weapons at the time. Some may proclaim that not much has happened, and the world is even more complex and dangerous now. But many have been waking up spiritually. It is abundantly clear that there is but one enemy, one truly lethal weapon, one cause of many of our personal and global tragedies – hatred and viewing our small world as composed of separate interests rather than one humanity. This is as true in our personal lives as it is on the world stage and is a most difficult foe to confront because it ultimately means that we must look at ourselves and the illusions we have believed in over Love.

*We learn the way today. It is as sure as Love itself,
to which it carries us. For its simplicity avoids the
snares the foolish convolutions of the world's apparent
reasoning but serve to hide. ACIM L. 189.1*

Some tragedies such as accidents, an unexpected illness, and “acts of God” feel beyond our control, but many (including divorce, crime, violence, and war) arise from our relationships with others. Unfortunately, during a tragedy of any kind, we are more likely to feel powerless, angry, and vindictive than self-reflective. Deepak Chopra addressed

this idea: “If all of us are wounded, will revenge work? Will punishment in any form toward anyone solve the wound or aggravate it? Will an eye for an eye, a tooth for a tooth, and limb for a limb, leave us all blind, toothless and crippled? (Gandhi)”

Within the tenderness of Love is the answer to trauma and tragedy.

Living a life of simplicity where our minds are less cluttered with endless judgments, anger, and blame, we can begin to address questions such as these honestly. As a psychologist studying trauma, I see that when tragedy occurs, it almost always touches a deeper wound within us – feelings of vulnerability, isolation, fear, or loneliness that rarely see the light of day. In a life devoted to the profound simplicity within Love and compassion, we begin to heal this wound and become more prepared to endure any tragedy that may occur in our lives. Within the tenderness of Love is the answer to trauma and tragedy.

If the reader of this discussion only nods their head in agreement, I will have failed. I hope you will be curious enough to go deeper into your heart for answers. I invite you to join me on a journey to heal and prepare ourselves to respond to life’s challenges centered on simplicity and peacefulness rather than fear and hate.

Dr. Lee Jampolsky has contributed to the personal and spiritual growth of countless individuals around the globe. His books include Smile for No Good Reason and Healing the Addictive Personality. Lee is the son of the late Dr. Jerry Jampolsky, author of Love is Letting Go of Fear. Dr. Jampolsky has given Miracles Magazine permission to make available his short course, “From Crisis to Calm During Challenging Times: 30 Days of Simplicity with ACIM.” Please find it at <https://www.miraclesmagazine.org/simplicity>

These Summer Evenings

by Jon Mundy

Sitting – outside on a summers evening.

After – a hard day of ‘bucking bales.’

Our barn – now full of hay.

Our bellies – now full of mother’s supper.

My father – smoking a cigar.

Talking – about nothing consequential.

Sometimes – not talking at all.

Sitting – watching evening fall.

Listening – to the katydids, tree frogs and crickets.

A lite breeze – rustles the leaves.

And then – the stars, the moon, and the fireflies.

Sleep – comes so peacefully – these summer evenings.





WHEN LOVE SAYS “NO”

by Sebastián Blaksley



I have observed a fairly general belief that love has to say Yes, always or almost always. So when life gives us what we want, or others tell us what we want to hear, everything goes smoothly. Life is smiling upon us; love embraces us. But when that doesn't happen, what was once wonderful now becomes an object of anger.

Somehow we've come to believe that love only says “Yes.” And so we are unprepared to receive “No” with equanimity. Likewise, we are hesitant to respond serenely to others with a No. In the various groups in which I have had the opportunity to participate, both within the sphere of spirituality and outside of it, I have noticed how conflicts arise because of this belief regardless of culture, gender, or age.

Our Immaculate Mother she told me, “Love is severe and imparts discipline . . .”

We are advancing along our paths of personal growth in many aspects, but we still are often caught in the habit of getting angry when love says No, getting upset when we receive No for an answer. We feel like we are being limited when we don't get what we want, when we want it, and how we want it.

When love says No, it is simply extending, in a particular way, what love itself is. It may not be what we think it should be.

What to do?

In one of the messages I received from our Immaculate Mother, part of the book *From the Heart of Mary* (yet to be published), she told me, “Love is severe and imparts discipline . . .”

She explained that love does this to establish order, so there can be harmony and peace “so that love can make an appearance.” She is revealing here the association, or union, that exists between harmony or peace, and love. Without one, we don’t have the other—which requires order, which implies limits.

In a world in which one of the central mottos seems to be, “I want it all and I want it now,” there is little space to receive with serenity the experience of love saying No. This is logical, at least for me. The question that arises is, where does



this desire to possess everything come from? And why is it accompanied by so much anxiety? The answer seems obvious: from whence could it come but from a void of love?

The inability to accept or tolerate a No from love comes from a wound.

When the heart is filled with love, we live in an equanimity of being. Excessive cravings to possess things stop. This state of being causes desires—ours or those of others—to cease to set the rhythm of our decisions and states of mind. Passions are tempered, putting a healing limit on them, without which there can be no beauty. And all this is so that we can live at peace with each other as a result of being at peace with ourselves.

This way of being includes the need to accept that when love says No, it is simply extending, in a particular way,



what love itself is. It may not be what we think it should be. Nevertheless, it is love because, as our Immaculate Mother also told me: “My love is not like that of the world. My love is a saving love, a responsible love, a love that seeks the fullness of truth, and gives life without end.”

Reflecting upon these things, I have seen and remembered something that we all surely know. On occasion children yell and kick when limits are imposed and they are told No, or when they do not receive what they were expecting. But when we are no longer children, continuing to respond in the same way to life events does not help us to be happy or live in peace.

The inability to accept or tolerate a No from love comes from a wound. From an inner child that has not healed. He or she continues to cry, continuing to feel the cold of yesterday’s shortcomings, which was perceived as lack of love. Becoming aware of that suffering aspect of our hearts which, often unrecognized, demands and needs so much, and accepting it and bringing to it the warmth of our love, will help us heal. It will be a loving service to our sisters and brothers, as we scratch others with our wounds, and they scratch us with theirs.

Healing thus becomes the greatest gift we can give, because through it we bring peace to our heart and to the whole world. And also because, in this way, desires cease to be those that govern our souls, but are placed at the service of love, as they should be, because love—and nothing but love—is what we really are.

What joy it is to be able to remember that love is the ointment of our wounds and the source of endless bliss!

Sebastián Blaksley is the receiver of the seven-part series, Choose Only Love. www.chooseonlylove.org. He lives in Buenos Aires, Argentina, at the center he founded, Refugio de Amor Divino (Refuge of Divine Love) which is dedicated to the Immaculate Mother.

LET YOURSELF JUST BE WITH ME

by Janine Miller-DeLany

This morning I set out on my usual walk with my sweet beagle, Lillie, by my side. Our morning walks are my time to let my mind be still and allow myself to join with Love as I let nature reach out its arms to me. Lillie does the same through her nose, it would seem!

It wasn't until drops of rain began to fall that I realized I needed to reconsider as it seemed the drops might let loose more intensely at any moment. We circled back toward home.



Then it hit me. I had spent the entire walk trying to fix everything in my life.

As I neared where we had started, the rain stopped. So I thought, "OK, let's just begin again. If I get too soggy, we will just turn around." So we began again. Then it hit me. I had spent the entire walk thus far being led by my ego-mind, trying to fix everything in my life or my family's that I thought I should know how to fix, without much awareness of Love's presence.

Fortunately, the plan my ego had created got interrupted by the rain and suddenly, with this new awareness, there was no goal to reach. There was just being. I then felt the ego-mind go quiet and I relished that feeling, the freedom of simply



being, without an agenda. In an instant, there was nothing to fix and nowhere to get to.

Then from within the stillness I heard Love speak:

I love you as you are, even when, especially when, you are letting yourself just be with Me.

I Love you simply as you are. I love you when you don't know how to fix things or cure your health. I Love you simply as you are.

Have you forgotten, My will for you is happiness? You don't have to make anything happen. You get to just trust and allow my blessings and gifts to come to you.

There is nothing I require of you. There is no job or task you must accomplish. There is nowhere you must get to.

This life I have loved you with is simply here for you to experience. As you remember you are ever joined with Me, then can you experience the bliss of knowing there is nothing else.

There is nothing but this: My love. All else is simply an imagining of the ego-mind trying to convince you otherwise.

There is only My love in you to experience and exchange and realize your union with as far around you as the sky that enfolds you.

There is nothing but this: My love. All else is simply an imagining of the ego-mind trying to convince you otherwise.

As I reflected upon this experience, I saw three openings that allowed me to break free of the ego's hold.

First: Recognize that I have accepted the ego into my mind.

“The ego is also in your mind because you have accepted it there.” (ACIM Or.Ed. Tx 9.40) It took the rain and the need to begin again for me to recognize the hold the ego had over me. It's easy to get caught up in the ego's messaging: “I should be able to figure this out. If I were just good enough, I could fix this.” This is a direct attack which leads easily to discouragement and even depression.

Or it may be sneakier and direct its attack on someone else. “You/They should be able to figure it out.” This is where we blame others for problems we perceive to be outside of ourselves. This can also lead to discouragement and depression because we then perceive ourselves to be powerless victims of circumstances.

With my recent health issues, I easily fell for both ego messages. First, I should have been able to figure it out. And when I couldn't, I become angry with the medical community because they couldn't either!

Second: I forgive myself for my perceived shortcomings.

When I began my walk over again, I quickly realized that I had accepted the ego into my mind. I needed to forgive myself immediately. I needed to forgive myself for not being able to fix what I thought I should be able to fix. I didn't realize this until I heard Love Itself speak.

I am worthy of love even when I can't live up to unrealistic demands.

Love was reminding me I am worthy of love even when I can't live up to unrealistic demands. Only in forgiving ourselves can we remember who we really are—one with Love Itself. And this also frees us to then extend forgiveness and acceptance to others. The sooner I can recognize the ego's efforts to convince me that I need to earn my worth, the sooner I can remember my innate worth.

Which leads to the Third: I will accept my grandeur.

The Course says, “Whenever you question your value, say: God Himself is incomplete without me . . . your grandeur is of God.” (Or.Ed.Tx.9.45) When I remember that I am simply an extension of pure love and everything else is really an illusion of the ego-mind, then am I free to appreciate and savor this life I have been loved with.

I was most struck by Love's message, “This life I have loved you with is simply here for you to experience. As you remember you are ever joined with Me, then can you experience the bliss of knowing there is nothing else.” I've come into this body to have the experience of love in me, through me, and around me. And yet this body is not the full reality of me. I am so much more than the circumstances of this world of form.

The three openings on the second part of my walk brought me into a Holy Instant, as if I were walking into



Heaven itself. I felt the presence of pure love and myself one with it. No longer captive of the ego's messaging, I entered a realm of pure peace, pure love. Experiences like that one leave me wanting more.

My ego-mind picked up its ranting again not long after I arrived home. But when I pause to consider what I most want in this life, I always go back to this: I want to be with Love Itself, the

love that I am. And I want to linger there, where I remember this life is a dream I have been loved with. I will try to wear it loosely, knowing there is only Love.

Janine Miller-DeLany is a counselor, spiritual life coach, and student of ACIM and ACOL. A series of mystical experiences with Divine Love and the reception of messages from Love Itself inspired Janine's upcoming book, "Your Indelible Worth." Find more information and receive three free sample chapters at www.theheartsway.org. Janine can be reached at janine@theheartsway.org.

Just Step Inside

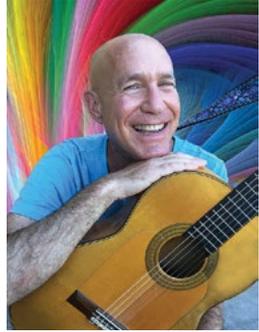
by Linda Lutes

Life is an illusion when sin upon us falls
For we have an answer if on our God we call
Turning to His insight, we make a different choice.
In His love and mercy, we find a different voice.
Mind not the season, for it is never too late
It surely takes surrender, to find a different fate
Leave the past behind you, where it all belongs.
In his Glorious Mercy we sing a different song
Sing a song of freedom; sing a song of might
In from the shadows, we have come to the light
Knowing we are blessed 'ere since our birth
Lifts the veil of illusion clouding our dear earth
For we have come together only to know love
To accept the conclusion that's what we're made of
Loving all our brothers leads them to the path
Where we join together in the Love that truly lasts
Teach only Love; teach only Truth
Teach only forgiveness to the old and to our Youth
Heal all the suffering that we thought kept us apart
Join in a celebration reaching heart to heart
For our only purpose is to heal the separation
To heal the illusion that we must make reparation
Christ is truly waiting with arms stretched wide
To tell us "I am one with you" so just step inside



A Life in Rhyme

by Scott Grace



I was born at a young age in 1963
Survived the streets of Brooklyn and my
noisy family

My parents thought God was a scam,
religion was for saps

For me that meant no Hebrew School
and I thanked God for that

No Chanukah, no Christmas trees, no holy holidays

When we gathered for a meal we bowed and said “Oy Vey!”

I was schooled in logic, learned hard science and new math

I had some signs of ADD and couldn’t sit still in class

I took two years of college and then called it graduation

You could say I left to get a higher education.

I studied Course in Miracles, that was the path for me

Even though I hated Christian terminology

My parents were beside themselves “Oh, where did
we go wrong?”

Our son has got religion...well, at least he’s not reborn!”

I didn’t join a church or pass pamphlets door to door

I learned to mind my ego so it wouldn’t mind the store

I took the latest workshops and expensive weekend trainings

I paid for Tony Robbins to say “Scott, just quit complaining!”

I did my daily lessons and found inner peace and power

I started writing joyous songs and singing in the shower

Some friends who overheard me asked “Why don’t you
make a tape?”

Your music will help many folks rejoice and celebrate”

And so I went from shower to the studio and stage

I freed up the performer who’d been locked inside a cage

My music brought me so much joy and even brought
me money
I left the day job, moved out west to where it's much more
sunny
I made CD's, the world caught on till I was quite sought after
There's nothing like a message that is sent in song
and laughter
At home I learned my lessons just like everybody else
I learned to love another I first gotta love myself
I grew through my relationships, the land of Mars and Venus
I learned to listen to my heart not just my head and penis
I had a decade with a mate, we raised a child together
I learned that I can choose to love in any kind of weather
Sometimes when our fears collided, we got out of joint
We pointed fingers at each other, missing the whole point
Yet in the midst of challenges we've learned to
become friends
To welcome different points of view and not judge or defend
A fighting Brooklyn boy can grow to be a gentle man
When he gives up being right and seeks to understand
And that's what I have learned so far out in the
Sunshine State
Do battle with my ego instead of with a mate
Yes, that's what I have learned in all these years I've
told you of
I'd rather lose an argument and win at choosing love
I'd rather drop the arguments and win and choosing love

Scott Grace is the author of Teach Me How To Love, and Oh the Places Your Ego Will Go, which can be found on Amazon in paperback or Kindle. He travels the illusionary world sharing his music, humor, and automatic transmissions via zoom and in person. Scott's ACIM inspired songs can be enjoyed on Spotify under his old name, Scott Kalechstein. He also has a life coaching practice, and moonlights as a spiritual stand up comedian. Find out more at www.scottsongs.com



STRENGTH

with Celia Hales



I can give you my strength until yours is as certain as mine. . . . (WOM, Pt. 1, Lesson 7)

You always choose between your weakness and the strength of Christ in you.
(ACIM, COA ed., T-31. IX.2:3)

I can do all things through Christ which strengthened me.
(Phil. 4:13, KJV)\

Jesus knew stress in himself while on Earth. The evidence is in the New Testament: indignantly overturning the moneychangers' tables in the temple; agonizing in Gethsemane (though no one knew this because his disciples slept; perhaps Jesus told it in his appearances later on); asking God from the cross why he had been forsaken. Yes, this man was fully human—whatever else he also was.

But he overcame, as he bids us to do. Again, the New Testament tells us how. From the cross, rather than thinking of himself, he thought of his mother, standing nearby. He put her in the care of his beloved disciple, John. He welcomed a man being crucified beside him into Paradise that very day; he knew that was where he himself was heading.

Yes, he overcame with strength, and we are bidden to overcome also. But we have his help. He shares his divinity with us; he shares his Christhood. And we are made strong thereby.

We certainly all know stress, but now we discover that we can also know strength. In both stress and strength, we emulate Jesus. And he is always here for us. He promises to come upon a “single unequivocal call.” (ACIM, COA ed., T-4.V.14:10)

We need the strength of Christ, by which we mean not just Jesus, but us as well—all the Sons and Daughters of God. This explanation is a mystical statement of what the term Christ really means. Let’s put our minds and hearts to the test, to really see how we might emulate Jesus in his strength, knowing that stress can always be set aside.

We will find that our humanity can be championed—not by stress—but by the divinity—the strength—that we all share, with Jesus himself, with Christ.

Celia Hales wrote *Being Who You Are: Pondering A Course of Love* (2020); *A Course of Love: An Overview* (2016); and writes the blog, “*Miracles Each Day*” most days.



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Mary Magdalene A Force of Love by Alice Friend

Earth School (Why We Think We're Here)
by Rev. James A. White, Jr.

I Speak to All Just So by Galen Pearl

40 Key Teachings of A Course in Miracles by Mike Saedlo

Love in a Suitcase by Thomas Schwendler

Making the Turn by Kim Severin

Journey of Love by Marty Cole and Aurora Belderol

Being Who You Are: Pondering A Course of Love by Celia Hales

Life is Simple – if we let it be –Daily Inspiration for Living Simply by Judith Jordan

The Rhythm and Reason of Reality—Prose and Poetry in A Course in Miracles Compiled by Steve “Michael” Russell

God Is: Ending Hell with A Course in Miracles
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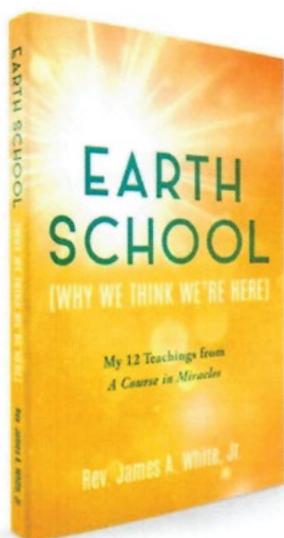
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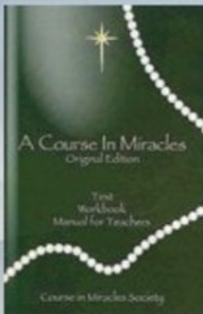


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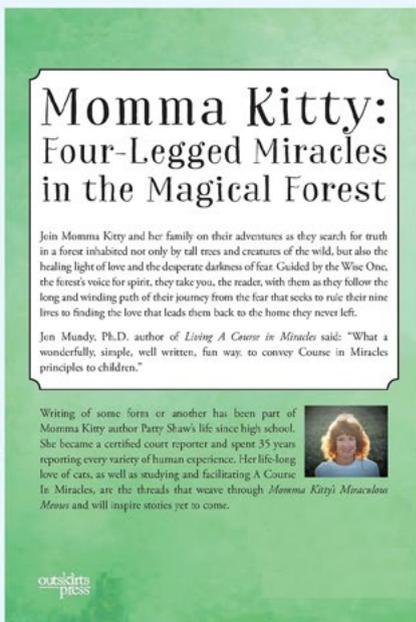
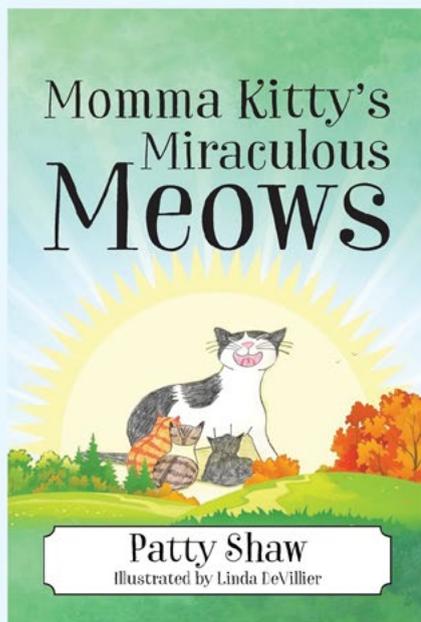


When I discovered the *original* ACIM book, and that the scribing from Helen was rather different from the edited version, I felt a kind of excitement that I had not felt in years ... S.D. Walker

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For years I facilitated a study group for *A Course In Miracles* where I live while I worked running my court reporting business. Early on, one day an attorney client called me and mentioned his interest in the Course and that he'd seen my study group listed in a Course-related newsletter. As we talked after a study group meeting, he told me about reading *Awaken to Your Own Call* by Jon Mundy. The enthusiastic attorney described how much the book help his understanding of the Course. Upon hearing that, I ordered the book and became an early subscriber to *Miracles Magazine*, which I eagerly read cover to cover. It was at a Bay area Course conference that I first met Jon and his alter ego, Dr. Baba Jon Mundane. I've had the joy of talking with Jon many times in many places since, and his valued friendship, guidance and wisdom was a direct inspiration for *Momma Kitty's Miraculous Meows* and the books to follow.

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PUBLISHED BY:

The One Mind Foundation

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**INTERIOR DESIGN/COMPUTER
PRODUCTION**

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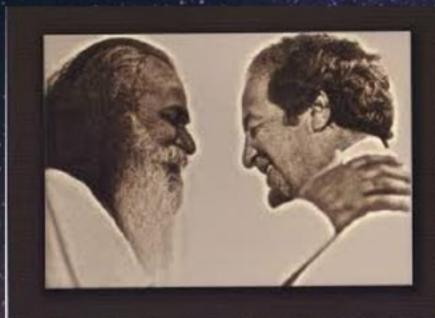
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*All embodiments exist here
and now in the forever of
eternity. Lighter ones are aware
of the denser ones.*

*The so-called 'departed' are
not departed at all, they are
just a lighter density and outside
of our awareness.*

*Yet they continue to be
aware of us.*

*Jesus' initial transformation
was to a light body at his
resurrection but required no
body at all after the Ascension.*

~ Voices From Oneness, p. 30